


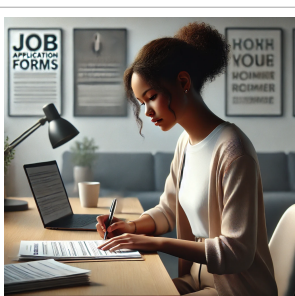




RAD

Activity 6

For each scenario, identify whether the behaviour is a RAD (towards/aligned) move or notRAD (away/misaligned) move. What uncomfortable thoughts or feelings might be RoAD Blocks for each person.

Scenario	Description	RAD (towards) or notRAD (away) move?	Possible RoAD Blocks (Uncomfortable thoughts or feelings)
	<p>The youth has joined some friends to do karaoke. They are going to sing in front of others for the first time. They value having fun with others.</p>		
	<p>The youth is going to pet a friend's dog for the very first time. They value trying new experiences and spending time with their friend.</p>		
	<p>The student is leaving class before class starts, without permission. They have missed several days of school and saw that there are some assignments due today on the whiteboard. They value learning and being responsible.</p>		
	<p>The youth is filling out job applications for their first job. They value independence and having fun.</p>		

Look at the examples. How many were towards moves? Is it possible to do towards moves and have RoAD blocks (uncomfortable feelings and thoughts).